



Adult Brief Sizing Procedure

Incontinence Care Nurse Consultants are available to size residents in your facility. This should be done at least annually. The following procedure can be used for new admits who are assessed as needing briefs or residents who experience significant weight changes.

- Use the Covidien color-coded measuring tape.
 - Identify yourself and greet resident pleasantly. If resident is cognizant, ask permission to measure. If not, explain what you are doing in all cases. If entering their room, always knock first.
 - Do not proceed if resident refuses or becomes hostile. Size is then approximated visually.
 - Apply tape around widest area, moving to different locations to compare. For Wings™ hook & loop 3D adult brief, apply to waist only. Use care, as residents may have pain, disabilities, etc.
 - If resident is lying down or standing, apply measuring tape loosely (otherwise product will be too tight when sitting). This is especially important when sizing for Wings hook & loop 3D adult brief.
 - Record measured size (see brief measuring chart).
 - Sizes should be documented (confidentially, but easy access for staff) to help ensure correct sizes are consistently applied to resident.
- Note:**
- Measuring does not guarantee the product is the correct size.
 - Residents may have anomalies, large thighs, etc., that may require a size adjustment. At times, they may insist on a certain size other than the correct, measured size. If possible, discuss with them; family involvement may give support.
 - Be aware of changes (weight gain / loss) that may require a larger or smaller size.
 - Wash hands between residents.

